

## Reducing the long-term impacts of childhood trauma

## **Opportunity**

In Australia, around 54 per cent of children experience psychological distress, 17 per cent at high levels. Such childhood trauma can have long-term community impacts

## Actions

KidsXpress provides dynamic expressive therapy for children who have been impacted by trauma. Macquarie has provided funding support, while staff have served as volunteers, mentors, board directors and fundraisers since 2006

## **Outcomes**

95% of children say they better express their feelings after participating in a KidsXpress program

87% of children say they better connect to family, friends and school after participating in KidsXpress

More than

\$A2 million contributed by Macquarie staff and the Foundation since 2006

500+
children positively impacted by Macquarie's funding